

TERRAS ALTAS DE TREVINCA

ECO-EXPERIENCE

ASTRONOMICAL OBSERVATION

Location

A Veiga

Availability

From mid/late June
to mid/late October

Duration

2-3 hours

Groups

Minimum 7 adults
and maximum 15
adults (considering
individuals aged 12
and older as adults)

Includes

- > Astronomical guide with Starlight certification.
- > Observation of the night sky using a laser pointer and a powerful astronomical telescope.
- > Guided tour and interpretation of main constellations and celestial objects.
- > Accident and Civil Liability insurance.

Not included

- > Transportation of participants to the activity starting point.
- > Warmth/resting materials for the activity.

Restrictions

- > Pets, including dogs, are not allowed.
- > Consumption of alcoholic beverages during the activity is prohibited.
- > Participants must follow the instructions of the activity leaders at all times.
- > Minors under 18 must be accompanied by an adult or a responsible person.
- > Activity is not recommended for children under 5 years old.

Suggested equipment

- > Winter clothing and warm attire suitable for a nighttime activity depending on the season (fleece, boots, hat, scarf, and jacket).
- > Lantern, headlamp, or similar.
- > Chairs/lounge chairs or items for resting.
- > Warm blanket or similar.

Experience description

This activity is designed for the initiation into astronomical observation of the night sky, combining direct visual observation with the use of a powerful astronomical telescope.

Throughout the activity, we will have the opportunity to observe various celestial bodies, from the constellations of the northern hemisphere (circumpolar constellations visible year-round), and seasonal constellations (specific to each season), to the planets of the Solar System and their moons. We will also explore the Milky Way and other deep-sky objects, as well as shooting stars.

All of this is made possible by the low light pollution in the Trevinca area, which a few years ago received the Starlight certification, recognizing this region as one of the best night skies for astrotourism.

Eco-friendly practices

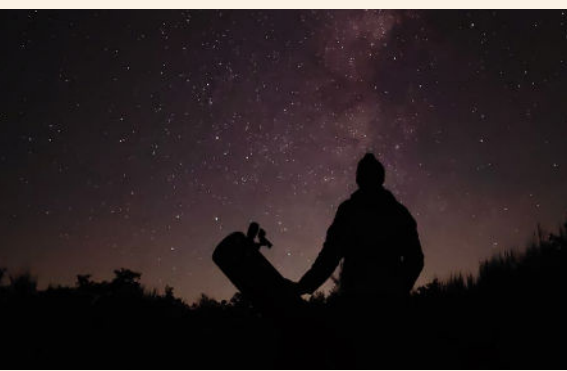
- > Responsible observation: We avoid light sources that disturb the sky and wildlife.
- > Environmental education: We provide information on environmental conservation and the impact of light pollution.



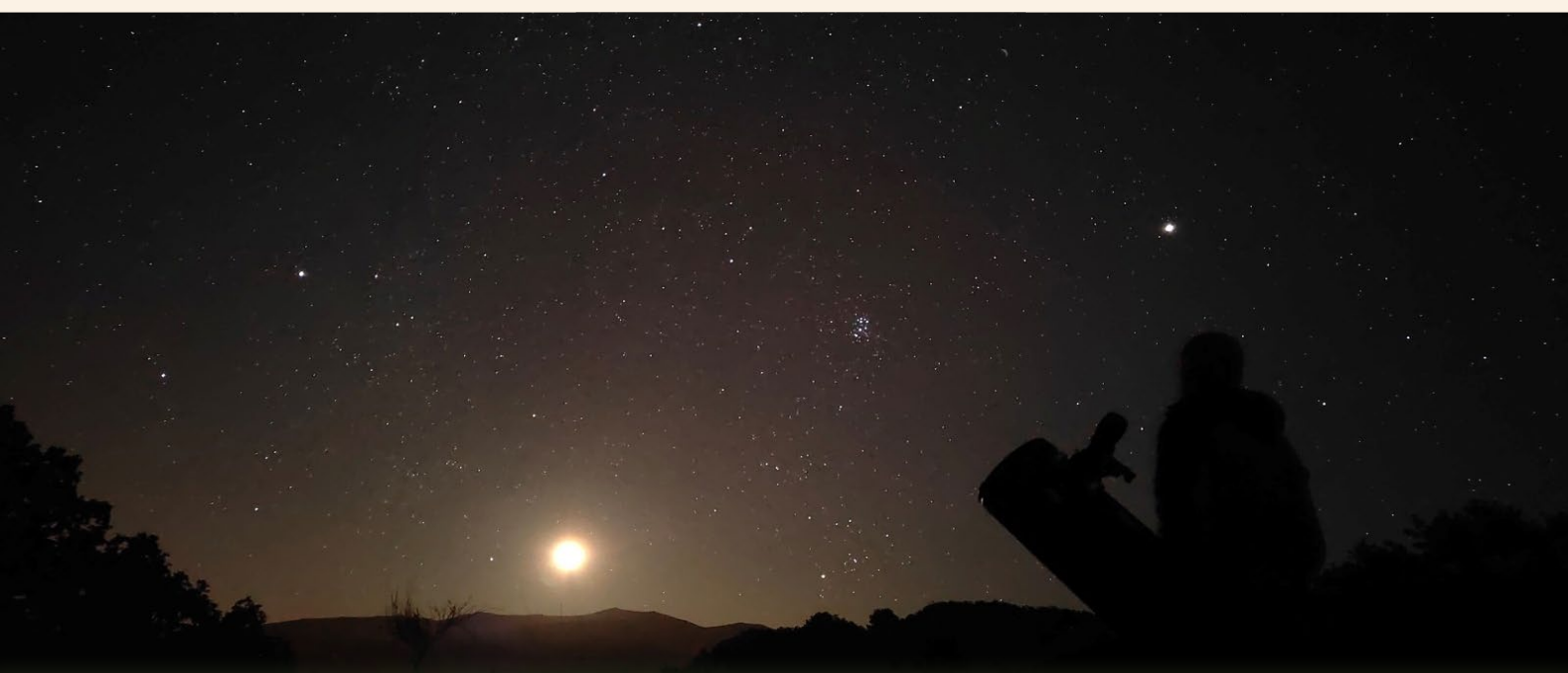
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