

TERRAS ALTAS DE TREVINCA

ECO-EXPERIENCE

SNOWSHOES

Location

Trevinca Mountains

Availability

When snow conditions allow

Duration

7 to 10 hours, depending on the snow level

Groups

Minimum 8 people, maximum 15 people

Route type

Linear crossing. Cart tracks and mountain paths

Distance

Distance, and elevation gain depending on the snow level.

Includes

- > Local mountain guide with an official qualification (Mid-Mountain Sports Technician, TD2 MM).
- > Pair of snowshoes and trekking poles with snow baskets.
- > Visit to the Trevinca Mountain Interpretation Centre.
- > Guided tour and environmental interpretation of the Trevinca area along the route.
- > Snowshoeing workshop.
- > Accident and Civil Liability Insurance.
- > Group first aid kit.

Not included

- > Participant transportation to the starting point of the activity.
- > Lunch and drinks, which must be provided by each participant.
- > Necessary equipment for the activity (mountain clothing and footwear).

Restrictions

- > Activity suitable for people in good physical condition.
- > Pets, including dogs, are not allowed.
- > Consumption of alcoholic beverages during the activity is prohibited.
- > Participants must follow the instructions of the activity leaders at all times.
- > When registering, participants must disclose any health conditions or allergies that could affect them during the activity.
- > Minors under 18 must be accompanied by an adult or a responsible person
- > Not recommended for children under 9 years old (depending on snow levels).

Suggested equipment

- > Mountain or trekking boots that cover the ankle and are waterproof.
- > Clothing suitable for mountain activities and the expected weather conditions.
- > Backpack of 25-30 L (minimum), cap or hat, sunglasses, sunscreen, lip balm, change of clothes for after the activity, and at least 1,5 L of water (2 L per person recommended).

Experience description

Depending on the snow, we will start from pre-established points for a snowshoe walk. The activity is for beginners, to familiarize ourselves with the use of snowshoes. Part of the route will be done with mountain boots carrying the snowshoes in the backpack. When we find enough snow, we will put them on to continue the walk.

Eco-friendly practices

- > We apply the "Leave No Trace" principles.
- > We respect flora and fauna: We stay on marked trails to minimize impact on vegetation and soil.



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Terras Altas de Trevinca
Guías de Montaña e Natureza



+34 722 336 822

guías@terrasaltasdetrevinca.es

www.terrasaltasdetrevinca.es

facebook.com/terrasaltasdetrevinca

instagram.com/terras_trevinca