COUSANOSA

ECO-EXPERIENCE

NOTHING IS LOST, EVERYTHING CHANGES

Location
O Barco de Valdeorras

Availability
Thursdays and Fridays throughout the year, except in August (excluding long weekends and public holidays)

Duration
4 hours from 9:30am to 1:30pm (flexible)

Groups
Minimum 6 people, maximum 8 people (groups only)

Bookings
At least 72 hours in advance with €50 deposit

Equipment
Wear comfortable, easy-to-clean work clothes.

Includes

> Workshop led by a visual artist.
> All necessary materials (slate, paints, varnishes, and tools).
> Educational session on circular economy and the impact of recycling.

Experience Description

In the cozy Cousanosa workshop, located in the heart of O Barco, you will immerse yourself in a unique creative experience for four hours. You will learn how to transform an old vine trunk into a lamp and a piece of slate into a magnet.

This workshop focuses on recycling two of the region's most iconic materials from a heritage perspective.

Cristina will guide you through techniques such as decoupage, wood finishing, and basic carpentry.

This workshop is not just an artistic experience but also an opportunity for comprehensive learning about creativity and recycling.



Eco-friendly Practices

> Use of recovered materials, such as recycled wood and slate.
> Application of eco-friendly, water-based paints and varnishes, free of toxic solvents.
> Use of low-impact tools and adhesives (chemical-free glues).
> Sorting and recycling of waste generated during the workshop.
> Reuse of leftover materials for future activities.
> Creation of a composting station for organic waste.
> Promotion of the "use and reuse" philosophy to combat the throwaway culture.

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ESPACIO CREATIVO
Cousanosa
Tienda & Taller
DESDE 2012











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